

דיני תִפִילַת מִנְחָה

SOME DINNIM CONCERNING "MINCHAH"

(THE AFTERNOON SERVICE)

INTRODUCTION

Our Chachommim, of blessed memory, tell us that Minchah (the Afternoon Service) is especially precious to בְּרִוּךְ בּרוּךְ בּרוּךְ בּרוּךְ בּרוּךְ (that is, the Morning Service) and בַּיְבֶּרִיב, (also known as עַרְבִּית (the Evening Service) are recited at their fixed times, before and after one's working day, the time for Minchah is in the middle of the day. It is a sign of loyalty and faithfulness to HaShem to "down tools" as it were, in the middle of the busy working day and turn one's heart and thoughts away from one's work and business, to pray to HaShem.

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1. THE MINCHAH SERVICE

It is correct to wash one's hands before davvening, for which reason there are always washing facilities in the Shule building, usually in the foyer. Before Minchah some people have the custom to recite the בַּרְשַׁת הַבְּיוֹרָ and the בַּרְשַׁת הַבְּיוֹרָ , followed by the בַּרְשַׁת with the בְּרִייִתְא of the בְּרִייִתְא and the selections from the בְּרִייִתְא with those שְׁהַלְּיִת הַלְּעוֹרֶת that are in the first section of Shacharis, and also the אָנָא בְּבֹח This is the "Nussach Ari," the "Rite of the Ari" commonly called Nussach Sefard. Sefaradim, that is, those who follow the Nussach of the Jewish communities originally coming from the east (as opposed to the just-mentioned "Nussach Sefard" or "Nussach Ari" which is basically Nussach Ashkenaz but with some adaptations taken from the Sefaradim) start Minchah with בַּרְבַּבְּעַת הַבְּבָיִת הַבְּרָשֵׁת הַבְּרָשֵׁת הַבְּבָּעִיר הַלְּבִייִר בָּשָּׁת הַבְּרָשִׁת הַבְּבִייִר before Minchah, too.

- 2. Minchah proper starts with אַשָּׁבִי, which may be said while sitting. This is followed by the half-Kaddish recited by the Reader, and for which the Congregation stands.
- 3. On public Fast Days, if there are at least seven people of the Minyan who are fasting, the Sefer Torah is taken out immediately after אָשֶׁרֵי and the following half-Kaddish, and three people are called up. The Torah Reading is made up of two sections taken from the Sidra Ki Sissoh, (Sefer Shemos, Chapter 32, verses 11 to 14 and then Chapter 34, verses 1 to 10) which describe the penitential prayers that Mosheh our Teacher prayed to HaShem on behalf of the repentant Jewish People after the episode of the Golden Calf. (This Torah Reading is unusual in that according to the Ashkenazi custom the Congregation participates by saying aloud, and in advance of the Reader, the specific short excerpts as

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indicated in the better Siddurim.) The third man called up is the Maftir and after his Torah Reading he recites the Brochos and reads the Haftorah, which is taken from Sefer Yeshayohu (starting from verse 6 of Chapter 55 till verse 8 of Chapter 56).

- 4. After these Readings, the Sefer Torah is returned to the Ark, half-Kaddish is again said by the Reader and Minchah continues with the Amidah (meaning, "the prayer said while standing") also called the Shemoneh Esre (meaning, "the Eighteen Brochos," and called so because of the number of Brochos which originally comprised this Tefilloh on weekdays). [The two names, "Amidah" and "Shemoneh Esre", are often used interchangeably.]
- 5. Before starting the Shemoneh Esre, we position ourselves so as to take three steps forward, take three steps forward as if stepping respectfully into the presence of a king, and place our feet together side by side. At Minchah, both introductory verses, firstly, כִּי שֵׁם ה׳ שֶּׁכְּרֵא, וכו׳ (not printed in all Siddurim and not said by Sefaradim) and then הֹי, שְׂבָּתִי תִּפְּתָח, וכו׳ are said (both silently) before the Shemoneh Esre proper, which starts with the words, "בְּרוּךְ"
- 6. The Amidah is davvened silently, so that no-one else can hear it, yet one should pray so that one can hear one's own words. When davvening the Shemoneh Esre, we are not allowed to support ourselves by leaning on anything, for it is obviously disrespectful to submit our petition to HaShem in such a posture. An ill person, of course, is exempted from this rule. If he is very weak, he still davvens the Shemoneh Esre, but sitting down and with his feet together and if he feels even sitting difficult, he prays the Shemoneh Esre even lying down. In all cases, he should make at least a gesture of bowing at the places designated in the Shemoneh Esre. One should make every effort to concentrate on what one is davvening and it is quite correct to glance into the English translation the better to understand what one is saying.
- 7. No interruption at all is allowed during the Shemoneh Esre. Even if the Congregation is saying אָמֵן, יְהֵא שְׁמֵע יִשְׂרָאֵל or אָמֵן, יְהֵא שְׁמֵע יִשְׂרָאֵל whilst one is saying the Shemoneh Esre, one cannot respond with them but one should stop and listen and then continue one's silent prayer.
- 8. There are four places in the Amidah where we bow. They are:
 - 1. At the start of the first Brochoh, at the words, "בַּרוּךְ אַתָּה ה";
 - 2. at the end of that first Brochoh, at the words, "יֶּבֶּרוּךְ אַתָּה ה', מֵגֵן אַבְרַהַם";
 - 3. at the words, "מוֹדִים אָנַחָנוּ לַךְ"
 - and 4. at the conclusion of that Brochoh, at the words, "יֶבְּרוּךְ אֲהָה ה", הַטוֹב שִׁמַךְ וּלְךְּ נָאֶה לְהוֹדוֹת".
- 9. The proper way to bow at these places is as follows: At the word "בְּרוּךְ", we bend the knees; at "אַבָּה", we bend the body forward from the waist (with the knees still bent). But when we

mention the Name of G-d ("ה") we should have resumed the standing position, raising the head first.

- 10. At the words "מוֹדִים אֲנַחְנוּ לֶּךְ" we do not bend the knees, but bow from the waist, regaining the standing position before saying the Name of G-d ("ה") in that sentence (which starts with the words "מוֹדִים אֲנַחָנוּ לֶךְ שִׁאַתָּה הוֹא ה").
- 11. It is forbidden (for us) to bow at the beginning or at the end of any other Brochoh in the Shemoneh Esre as we are not allowed to add to the genuflexions that our Chachommim stipulated.
- 12. At the words "חְׁמָאנוֹ" ("we have sinned") and "יְּמְשְׁעֵנוֹ" ("we have transgressed") in the Brochoh which starts with the words "יְּמְלֵח לְנוֹ" ("Forgive us") the custom prevails to beat gently on the chest over the heart with the right fist as if to say to our hearts, "You caused this." For our Chachommim, of blessed memory, have taught that it is the heart, symbolically the seat of the emotions and longings of a person, which causes him to stray after his eyes and to act sinfully.
- 13. At the end of the Shemoneh Esre proper, which ends with the words, ״בְּרוּךְ אַתְּה ה׳, הַמְבֶּרֵךְ (This sentence ; יִּהְיוֹ לְרָצוֹן אִמְרֵי פִי, וכו׳ (This sentence is not printed at this point in all Siddurim.) We then add the silent devotion אֱ-לֹהֵי, נְצוֹר לְשׁוֹנִי מְדַבֵּר מְרְמָה, וכו׳ at the end of which we insert our own personal verses of our Hebrew names (as listed in the better Siddurim) and again say the sentence יִּהְיוֹ לְרָצוֹן אִמְרֵי.
- 14. Having finished our petition, we then bow from the waist and, still bowed, take three steps backwards (left foot moving back first) to bow out from the Presence of HaShem, and then stand straight.
- 15. Our final request is that HaShem grant us peace, for, in the words of our Chachommim, of blessed memory, "without peace, there is nothing." This request for peace, made after the three steps backwards, is said in three short phrases, for each of which we bow from the waist in a different direction, as follows:
 - 1. The phrase, "עוֹשֶּׁה שָׁלוֹם בִּמְרוֹמְיו" is said after bowing to the left;
 - 2. the phrase, "הוא יַעֲשֶׂה שָׁלוֹם עָלֵינו" is said after bowing to the right;
 - and 3. the phrase, "וַעֵל כָּל יִשְׁרָאֵל וְאָמָרוּ אָמֵן" is said after bowing facing the front.
- 16. Having ended the Amidah, we add a short prayer for the rebuilding of the Beis HaMikdash and the restoration of the Service in the Mikdash, for we are mindful that our spoken prayers are but a substitute for that Divine Service. At this point, therefore, we express our hopes and wishes to merit to see the Service of the Beis HaMikdash in all its grandeur, as in previous times.

- 17. After this, we remain standing respectfully in the upright position, in our places, until we step forward to answer the Kedushah (unless there is a very good reason to step forward before then). It is not correct or proper to pass in front of someone who is standing to attention in this way (and all the more so, we should not pass in front of someone who is actually praying the Amidah) for we are considered to be "awaiting permission to leave the audience with HaShem" and we conduct ourselves accordingly. It is similarly not correct to step back at the end of one's Amidah if someone else is still davvening his Shemoneh Esre behind one.
- 18. When the Reader starts to repeat the Shemoneh Esre, we get ready to say the Kedushah. The Kedushah is recited responsively by the Congregation after the Brochoh of מְחַיֶּה הַמֵּתִים and just prior to the Kedushah we resume our standing places by taking three steps forward. If one was not able to step back at the end of one's Amidah because someone else was still davvening his Amidah, one still joins in the Kedushah and all the other responses because, after all, one has spoken the Possuk יְהִיי לְרָצוֹן and thus ended one's Shemoneh Esre. In such a case, the three steps back are taken when the person behind one, himself steps back.
- 19. The Kedushah (meaning "Holy Response") is our own mortal way of emulating that holy and sublime chorus of the Heavenly Court, and it is recited as follows: The Reader says the introductory sentence and the Congregation responds by saying the sentence, קְּדוֹשׁ, ובּוֹי מִּלְדִישׁ, ובּוֹשׁ, ובּוֹשׁ, ובּוֹשׁ, שׁרִוֹשׁ, When responding, we raise ourselves a little on to our toes at each "קְּדוֹשׁ, and let ourselves down again immediately. At the second sentence, which starts with the word "בְּדוֹף", we raise ourselves in the same way, once, and the same again at the word "יִּבְּדוֹף" (the first word of the last sentence of Kedushah). During Kedushah, our feet are placed together as when we pray the Shemoneh Esre.
- 20. The Reader should bear in mind not only that he leads the Congregation in prayer but that he also is the Reader for those who cannot say the prayers for themselves. It follows, therefore, that when he comes to the Kedushah, he should say aloud the whole Kedushah and not only the introductory phrases before each of the component parts of the Kedushah. In this way, those who are still davvening the Shemoneh Esre (and who must stop to listen-in to the Reader) are thus considered as answering and can indeed fulfil their obligation of responding. (This is called "שׁוֹשֵׁתַ בַּעוֹנָה".)
- 21. When the Reader has finished that Brochoh (namely, הָאַ-ל הַקְּדוֹשׁ) the Congregation may resume their seats and should respond with the words "בְּרוּךְ הִוּא וְבָרוּךְ שִׁמוֹ" ("Blessed is He and blessed is His Name") each time the Reader says "בְּרוּךְ אַהָּה " and with "אָמֵן" at the conclusion of each Brochoh, etc.. The Reader must allow the congregation to respond with "אָמֵן" before he finishes each Brochoh and to respond with "אָמֵן" at its conclusion before going on to the next one.
- 22. It should hardly need mentioning that it is wrong for members of the Congregation to talk at all during the repetition of the Amidah by the Reader, or during the recitation of the Kaddish. After all, the Reader is our spokesman and to ignore the one who is presenting our communal petition to HaShem on our behalf is greatly disrespectful to the Reader and even

more so to the Supreme Sovereign in Whose Presence the petition is made. Those who make a habit of talking during the repetition of the Amidah thereby show that they are, at best, immature and plain stupid in their lack of awareness of the proper and decent behaviour required of human beings when in the Abode of HaShem, the Supreme King of kings, the Holy One, blessed be He (for every place of prayer is like a Sanctuary of HaShem in miniature) but at worst they show themselves to be uncaring of the Presence of HaShem. In addition, they also show themselves to be rather ill-bred and uncivilized, for by their disturbance of others they display a lack of consideration for their fellow congregants.

- 23. When the Reader says מוֹדִים, the Congregation stands and recites the alternative version (called "מוֹדִים דְרַבְּנָן") in an undertone, while the Reader reads מוֹדִים בּוֹלָים מוֹלָים לא aloud. At the beginning and end of מוֹדִים דְרַבְּנָן the Congregation bows. One should not sit when saying מוֹדִים דְרַבְּנָן indeed, some authorities are of the opinion that the whole of מוֹדִים דְרַבְּנָן should be recited while standing and in a bowed position and after saying מוֹדִים דְרַבְּנָן the Congregation may resume their seats.
- 24. When the Reader reaches מוֹדִים דְרַבְּנָן, then, even if one is not part of that Minyan (for instance, one is learning quietly in that Beis HaMedrash) one stands up and bows like everyone else so that it should not be construed as if one refuses to be together with the Congregation in their communal praise of HaShem. This rule applies even if one is davvening the quiet Shemoneh Esre, but of course one cannot interrupt one's Shemoneh Esre to join with them in actually saying מִּרַכְּבָּנְן (The same applies also to the Congregation's response to a בְּרַכוּ, where one must likewise take care not to let it appear as if one excludes oneself from the communal response.) However, if one is davvening the quiet Shemoneh Esre, then, because it is forbidden to add to the genuflexions stipulated by our Chachommim, of blessed memory [as stated in Paragraph 11, above] one must ensure that when thus bowing for מִוֹרִים דְרַבַּנְן (or a מִּרְרִם בְּרַבּוּ during one's silent Shemoneh Esre, one is either in-between Brochos or in the middle of a Brochoh (to bow in the middle of a Brochoh is not considered as bowing as such) but not at the beginning or at the end of a Brochoh.
- 25. Incidentally, if a similar situation should arise with the verse of שָׁמֵע יִשְׂרָאֵל and the following sentence of בְּרוּךְ שֵׁם, one must likewise join with the Congregation so that it should not appear as if, G-d forbid, one does not wish to accept upon oneself the Sovereignty of HaShem. Therefore, if one is at a place in davvening where such interruptions are forbidden, one must, for appearance's sake, at least make a pretence of joining with the Congregation, that is, one places one's right hand over the eyes and says somewhat louder whatever words one is davvening at the time.
- 26. Similarly, if one is at a place where it is forbidden to interrupt to respond and the Congregation is responding to a בְּרָבוּ or to a מוֹדִים דְרַבְּנָן, one has to stand up and bow together with the Congregation even if one cannot actually say מוֹדִים דְרַבְּנָן, or respond to the אַרְבוּ. However, if one was davvening the silent Shemoneh Esre and the Congregation came to קְרִיאַת שְׁמַע, then, other than just standing silently for as long as the Congregation

is saying the first two sentences, one does not join with the Congregation, nor even pretend to do so, for the very fact that one is clearly davvening to the יַבוֹנוֹ שֶׁל עוֹלֶם is in itself enough to dispel any erroneous idea that one refuses, G-d forbid, to proclaim or acknowledge the Sovereignty of HaShem.

- 27. Likewise, if one was davvening the quiet Shemoneh Esre and the Torah was being read, one must stop praying one's private Shemoneh Esre and listen in silent respect to the Torah Reading. In such a case, he should resume his Tefilloh just as soon as that portion of the actual Torah Reading (but not the Brochos) ends. (Incidentally, from the fact that one must stop even one's private Shemoneh Esre out of respect for the public Torah Reading, one can derive how much more so is it not right to talk, or to learn, or to say the קריאַת הַתּוֹרָה, or to say Tehillim, or even to davven, during קריאַת הַתּוֹרָה a fact that sadly seems to be lost on some people.)
- 28. On a public Fast Day (depending on the custom of the Congregation) and during the עַשֶּׁבֶּה (the Ten Days of Penitence, from Rosh HaShonnoh to Yom Kippur) the אָבִינוּ prayer is said after the Reader's repetition of the Amidah, followed by the silent prayer of confession, called תַּחֲנוּן. Otherwise, וֹתְחֲנוּן is said directly after the Reader has repeated the Shemoneh Esre. However, if Minchah is davvened rather late in the day (after the sun has started to set) עַּלִינוּ is omitted and the Reader continues with Kaddish מַּתְּבֶּבֶּל prayer.
- 29. There are other cases, too, when דיָּהְנוֹי is not said at Minchah. They include: Shabbos; Yom Tov; Chol HaMo'ed; Rosh Chodesh; the entire month of Nissan; Lag b'Omer; from Rosh Chodesh Sivvan until the day after Shovuos, inclusive (but some congregations have the custom to omit saying Tach'nun until the 14th of Sivvan); Tisha b'Av; the 15th of Av; between Yom Kippur and the day after Sukkos, inclusive (but some congregations do not resume until the 2nd of Cheshvan); Channukah; Tu biShvat; Purim and Shushan Purim (and, in a leap year, the 14th and 15th of Addar Rishon, too) and at Minchah of the day preceding any of these days, too, as well as Erev Shabbos and Erev Yom Tov. In some congregations, Tach'nun is omitted on Pessach Shayni (the 14th of Iyyar). Tach'nun is also not said in a house of mourning during the Shiv'ah nor is it said in the presence of a Chosson from the day of his marriage until after the end of the Sheva Brochos week. (If both, the Chosson and the Kalloh, have been married previously, their time of celebration, for the purposes of this 'דִּיִי, is only three days.)
- 30. Tach'nun is also omitted if one of the primary participants in a Bris Mi'loh that will be celebrated that day is present (that is, the child or indeed the adult himself, the father of the child, the Mohel, that is, the one who does the circumcision, or the Sandek, that is, the one who holds the baby at the circumcision). Tach'nun is omitted also if later that day, in that place of davvening, there is to be a Bris Mi'loh (and indeed if there was a Bris Mi'loh there that day, too).
- 31. The first part of בְּחֵנוּן, that is, the paragraph starting with the words "בְּחִנוּן" (which according to some customs is preceded with an introductory sentence starting with the

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words "יַוֹיִאּמֶר דְּוִד אֶּל גָּד") is said silently whilst sitting down and resting the forehead on the left forearm. This is the position for private confession, for it is wrong to confess one's wrongdoings in a way that others can hear it. (At תַּחַנוּן of Shacharis, we rest our forehead on our right forearm, out of respect for the Tefillin which are tied on our left arm.) Another reason for hiding our faces in this way is that we thus symbolically show that we are ashamed at having transgressed the commandments of HaShem as given in the Sefer Torah. It would follow, therefore, that if there is no Sefer Torah where one is davvening, we would not "fall on our faces" in this way, and this indeed is the universal custom. After the paragraph of אָנָדְעָּר , the sentences, starting with "שִׁרְאֵבְּרְעִנּי , are said, still sitting but not resting the forehead on the forearm. The third part, beginning with the words "צַוְאַבַּרְעִנּי , is said standing. This is the short הַּתְּתַנוֹן, as said by Ashkenazzim.

- 32. Sefaradim have a different version and the תַּחֲנוֹן includes the section from the Torah containing the שִׁלְשׁ עֶשְׁרֵה מִדוֹת (the Thirteen Attributes of Mercy of G-d) which is said while standing (and which can be recited only with a Minyan) and there are some variations in the other parts of תַּחֲנוֹן, too. In this case, as in all cases in general, each person should follow the faithful traditions handed down in his or her family, for "each correct tradition has its rightful place and all are based on great and holy foundations."
- 33. After הַּהְנוֹן, the Reader recites the full Kaddish (קַּדִישׁ הַּתְּקַבֵּל) for which the Congregation stands and then אָלֵינוּ לְשַבַּח, וכו׳ and בְּן נְקַוֶּה לְךָּ, וכו׳ is said by the Congregation (while standing). Some have the custom to say the sentences starting with "אַל הִּירָא" after these two paragraphs. According to the Nussach Sefard, during the month of Ellul and until after Sukkos, the Mizmor, אָלֵינוּ is said after לְדִוּד, ה׳ אוֹרִי וְיִשְׁעִי, וכו׳. Minchah (as indeed Shacharis and Maariv do, too) usually ends with the Kaddish recited either by one of the Congregation or by the Reader.

34. OCCASIONAL VARIATIONS

There are a number of changes in the Amidah (and other parts of davvening, too) brought about by the changes of the seasons of the year, special days or specific occasions, as follows:

35. "MASHIV HoRUACH uMORID HaGESHEM" — "מַשִּׁיב הָרוּחַ וּמוֹרִיד הַגָּשֶׁם"

In the rainy season (which is deemed to be from Sheminni Atserres until the second day of Pessach) we must take care to insert the phrase "מַשִּׁיב הְרוּחַ וֹמוֹרִיד הַגָּשֶׁם" ("Who causes the wind to blow and the rain to fall") at the prescribed place in the second Brochoh of the Shemoneh Esre. If one forgot to do so, then so long as one has not finished that Brochoh, that is, מְחַיֵּה הַמְּתִים, one can correct the omission by inserting "מַשִּׁיב הָרוּחַ וֹמוֹרִיד הַגָּשֶׁם" at the end of a phrase. If one realized one's mistake immediately after saying בְּרוּךְ אֵתָה הֹי, one can add the phrase there and continue the Shemoneh Esre. If one realized one's mistake only after saying the word "אַבָּה" of the next Brochoh, then one must

start the Shemoneh Esre again. (Take three steps back and then three steps forward and start from ("... אַ-להֵינוּ וַאַ-לֹהֵי אָבוֹתִינוּ..)

- 36. In the dry season, "מַשָּׁיב הְרוּחַ וּמוֹרִיד הַגָּשֶׁם" is simply omitted (Ashkenaz) or the phrase "מַשִּׁיב הָרוּחַ וּמוֹרִיד הַטְּל" ("Who causes the dew to fall") [or, according to others, "מַשִּׁיב הָרוּחַ וּמוֹרִיד הַטָּל" ("Who causes the wind to blow and the dew to fall"]) is inserted instead (Sefard). If one did say "מַשִּׁיב הָרוּחַ וּמוֹרִיד הַגָּשֶׁם" and reminded oneself of one's mistake before the שֵׁם of "בַּרוּךְ אַהָּה הֹי, מְחַיֵּה הַמֵּתִים" one goes back to the beginning of that Brochoh (יבוי אַהָּה גָּבוֹר,) and continues as usual after that. If one reminded oneself only after the מַחַיִּרִיד הַגָּשֶׁם", one has to start the Shemoneh Esre again. (But if one had not yet said the words "וֹמוֹרִיד הַגָּשֶׁם", the mistake is ignored and one continues as usual.)
- 37. If it is one's custom to say "מוֹרִיד הַטְל" (or "מַשִּׁיב הָרוּחַ וּמוֹרִיד הַטְל") in the dry season and by mistake one said "מוֹרִיד הַטְל" (or "מֹיִדְיד הַטְל") in the winter, one should correct the mistake by inserting the words "מוֹרִיד הַגָּשֶׁם" at a suitable point (that is, at the end of a phrase) within that Brochoh. If one had finished that Brochoh, however, the mistake is ignored. The same rules, however, do not apply if in the dry season he mistakenly said "מַשִּׁיב הָרוּחַ וֹמוֹרִיד הַטֶּל" instead of "מַשִּׁיב הָרוּחַ וֹמוֹרִיד הַטָּל" and he would have to make the correction as above. (See previous Paragraph 36.)
- 38. In case of doubt, that is, one does not remember whether or not one said the correct version, the assumption is that after ninety times the new version will have become the habit and therefore one does not correct oneself. Before that, however, the assumption is that one said the old version out of habit and one must make the correction, as above.

39. *"VeSAYN BROCHOH" — "יְתֵ*ן בְּרְכָה" and *"VeSAYN TAL uMOTTOR Li'VROCHOH" — "יְ*תֵן טַל וּמָטֶר לִבְרָכָה"

From the end of Yom Tov Rishon of Pessach onwards, that is, from the first weekday Shemoneh Esre after the initial Yom Tov of Pessach, we cease to say "יְבִרְכָּת לִבְּרָכָּת ("and please grant rains of blessing ...") in the בַּרְכַת הַשָּׁנִים (which starts with the words ("בְּרַךְ עֻלֵינוּ") and instead we say "יְבֵּרְ בָּרָכָּת ("and please grant blessing ..."). If one forgot, then as long as one has not yet said the Possuk, 'ובּרְ בָּרָ (שְלֵינוֹץ אָבְרֵי פִי, וכו') (which signifies the end of Shemoneh Esre proper) one goes back to the beginning of the בַּרְבַת הַשְּׁנִים (שִׁרְנִין אָבֶרִי פִי, וכו'). However, once one has said the Possuk 'בְּרַבִּר מָשְׁנִינוֹץ אָבֶרִי פִי, וכו' אַבְּרָבְּר שָׁרִינוֹן אַבְרִין אָבְינוֹן אַבְּרִי בִּי, וכו' is said twice. The first time, immediately after 'בְּבְּרְר שֶׁרְ עֲמִוֹ יִשְׂרְאֵל בַּשְׁלוֹם, וכו' and the second time just before one steps back at 'יִהִיּי לְרַצוֹן" that signifies the end of the Shemoneh Esre.

40. In Eretz Yisroel (and nearby countries that share the same climate) from the 7th day in Cheshvan until Pessach, and outside of Eretz Yisroel, from Maariv of the 4th of December (but the 5th of December in a year preceding a civil leap year) until Pessach, we cease saying

- 41. Sefaradim do not insert a different phrase according to the season of the year but instead have two differently-worded Brochos. The one, starting with the words "בְּרַבְּנוּ אָבִינוּ", is said in the winter-time and the other, starting with the words "בְּרְבֵנוּ אָבִינוּ", is said in the summer-time.
- 42. If one cannot remember whether or not one said the correct version, the rule is as follows: If the first thirty days since the change have not yet passed, the assumption is that one said the old version out of habit (and one must correct oneself as described above). After the first thirty days, however, the assumption is that the new version will have asserted itself as one's habit.

43. THE ASSERESS Y'MAY TESHUVAH — עַשֵּׂרֶת יָמֵי תִּשׁוּבָה

The custom prevails in many communities that during the אַשֶּרֶת יְמֵי הְשׁוּבְה (the Ten Days of Penitence, that is, from Rosh HaShonnoh to Yom Kippur inclusive) in Kaddish, instead of the words, "לְעֵילָא מִן בַּל בִּרְבָתָא", the words "לְעֵילָא לְעֵילָא לְעֵילָא לְעֵילָא לְעֵילָא לְעֵילָא לְעֵילָא לְעֵילָא לְעֵילָא לִעִילָא לִעִילָּא לִילָּא לִעִילָּא לִּעְתָּא לִּעִילָּא לִעִילָּא לִעִילָּא לִעִילָּא לִעִילָּא לִעִילָּא לִעִילָּא לִעִילָּא לִעִילָּא לִּעִילָּא לִעִילָּא לִּעִילָּא לִּעִילָּא לִּעִילָּא לִּעִילָּא לִּעִילָּא לִּעִילָּא לִּעְילָּא לִּעִילָּא לִּעִילָּא לִּעְילָּא לִּעְילָּא לִּעְילָּא לִּעִּילָּא לִּעְילָּא לִּעְילָּא לִּע לִּעְילָּא לִּעְילָּא לִּעּילָּא לִּעִילָּא לִּעִילָּא לִּע עִּילָּא לִּעּילָּא לִּעּילָּא לִּעְילָּא לִּעּילָּא לִּעּילָּא לִּעּילָּא לִּעּילָּא לִּע יִּעְּילָּא לִּעִילָּא לִּע עִּילָּא לִּעּילָּא לִּעילָּא לִּעילָּע לִּע עִּילָּא לִילָּע עִּילָּא לִּעּעִילָּע לִּע עִּילָּע לִּעילָּעילָּע לִּעילָּע לְּעִילָּע לִּע עִּילָּע לִּעילָּע לִּעילָּע לִּע עִּעְילָּע לִּעילָּע לִּעילָּע לִּעילָּע לִּעילָּע לִּעילָּע לִּעילָּע לִּעילָּע לִּעילָּע לִּעילָּע לּעילָּע לּעילָּע לִּעילָּע לִּעילָּע לִּעילָּע לִּעילָּע לִּעילָּע לּע לּעילָּע לּילָּע לּעילָּע לּעיל

- 44. In the Shemoneh Esre, instead of the words "הָמֶּלֶךְ הַקְּרוֹשׁ", the words "הַמֶּלֶךְ הַקְּרוֹשׁ" must be said (if one forgot, then unless one corrected oneself immediately one has to start the Shemoneh Esre again) and instead of the words "הַמֶּלֶךְ הַמְשְׁפְּט" the words "הַמֶּלֶךְ הַמְשְׁפְּט" are said. (If one said "הַמֶּלֶךְ הַמְשְׁפְּט" or "הַמֶּלֶךְ הַמְשְׁפְּט" during the rest of the year by mistake, the mistake is ignored and one does not correct oneself.) Also, the sentences, אוֹבְרֵנוֹב , מִי בְמוֹךְ , זְבְרֵנוֹב , מִי בְמוֹךְ , זְבְרֵנוֹב , מִי בְמוֹךְ , זְבְרֵנוֹב , מֵי בְמוֹךְ , זְבְרֵנוֹב (If any of these last-mentioned insertions were omitted, the mistake is ignored.)
- 45. During these Ten Days of Penitence, אָבִינוּ מֵלְבֵּינוּ is said at Minchah before תַּחֲנוּן [as mentioned in Paragraph 28, above] and, as said before, some have the custom to include אָבִינוּ "(Tehillim, 27) in Minchah, after "אָבִינוּ". Again, as mentioned

above, [in Paragraph 28] on public Fast Days, אָבִינוּ מֵלְבֵּינוּ is usually said at Minchah also on public Fast Days and on such Fast Days there is also the Reading from the Sefer Torah, and Haftorah. [Paragraph 3, above.]

46. "ANAYNU" — "עֵנֵנוּ"

On fast days (both public and private) the paragraph starting with the word "אַננו" is inserted in the Brochoh of אָבלהַי. If one forgot it there, it should be said at the end of אָבלהַי, before יָהָיוֹ לְרֵצוֹן, ובו׳ before יָהִיוֹ לְרֵצוֹן, ובו׳ but after that, one cannot correct oneself.

- 47. On a public Fast Day, the Reader (who himself should be fasting) says עַנֵנוּ as a separate Brochoh when he repeats the Shemoneh Esre, with its own conclusion, and this Brochoh is inserted immediately before the Brochoh בּפָּאִינוּ (He will have said עַנֵנוּ in his own silent Shemoneh Esre, at the prescribed place, that is, in the Brochoh of שְׁמֵע קוֹלֵנוּ, like everyone else in the Congregation.) If, during his repetition aloud of the Shemoneh Esre, he forgot to say it at the prescribed place and he started רְפָּאִינוּ, he should stop and say עַנֵנוּ again. If he finished רְפָּאִינוּ in the Brochoh of בְּפָאִינוּ יִשְּׂרָאֵרְיֹל עֲמוֹ יִשְּׂרָאֵל" ה׳, רוֹפֵא חֹלֵנוּ עִמוֹ יִשְּׁרָאֵל" then he should say עַנֵנוּ in the Brochoh of יִבְּרִילְּיִ עְמוֹ יִשְּׂרָאֵל יִי שְׁרָאֵל יִי שִׁרָא הִי, but without its special conclusion, that is, he finishes the Brochoh שִׁמֵע קּוֹלֵנוּ with the words "בְּרוֹךְ אֻתָּה הֹי, נִצוֹר לְשִׁנְע הִוֹלֵנוּ in his own silent Shemoneh Esre, he does not correct himself but relies on his repetition aloud of the Shemoneh Esre to serve as his correction and at the end of his reading aloud, he will say ובו׳ ובו׳ (בַּאַ-לֹהַי, נָצוֹר לְשׁוֹנִי מֵרַע, ובו׳ ובו׳ (בַּאַ-לֹהַי, נָצוֹר לְשׁוֹנִי מֵרַע, ובו׳ (בֹאַ-לֹהַי, נָצוֹר לְשׁוֹנִי מֵרַע, ובו׳ (בֹאַ-לֹהַי, נָצוֹר לְשׁוֹנִי מֵרַע, ובו׳ (בֹוֹר אַרָּה בֹּר).)
- 48. On a public Fast Day, too, in the Shemoneh Esre, those whose custom it is to usually say בּוֹם מָשׁלוֹם מְשׁלוֹם מְשׁלוֹם מְשׁלוֹם מְשׁלוֹם בּוֹלִם בּוֹלִם בּוֹלִם בּוֹלִם before שִּׁלוֹם בּוֹלִם בּוֹלִם. Shemoneh Esre the Reader inserts also the בִּרַבַת בּהֲנִים.

49. TISHA b'AV

At Minchah of Tisha b'Av, in the Shemoneh Esre, in addition to קוֹלֵנוּ in the Brochoh of קּוֹלֵנוּ , we add the paragraph starting with the word "חַבֶּם" in the Brochoh of וְלִירוּשְׁלַיִם. If one forgot to insert בַּחַם there, one adds it after אַבֶּע קּוֹלֵנוּ in the Brochoh of שְּׁבֵע קּוֹלֵנוּ . But if one forgot to insert it there too, then one says it instead in the Brochoh of רְצָה עִינֵינוּ". But in any such case of forgetting to say בַּחַם in the Brochoh of וְלִירוּשְׁלַיִם and inserting it instead at some other place (as just mentioned) one does not end בַּחַם צִיּוֹן וּבוֹנֵה יְרוּשְׁלִיִם "שְּׁבְּרוּךְ" אָבָּרוּךְ אַבָּרוּך אַבָּרוּך אַבָּרוּך אַבָּרוּך אַבָּרוּ ה׳, הַמַּחֲוֹיִר שְׁכִינְתוֹ לְצִיּוֹן" or אַבָּרוּר שָׁכִינְתוֹ לְצִיּוֹן" . "בְּרוּךְ אַבָּרה ה׳, הַמַּחֲוֹיִר שְׁכִינְתוֹ לְצִיּוֹן" or אַבָּרה ה׳, הַמַּחֲוֹיִר שְׁכִינְתוֹ לְצִיּוֹן" .

50. "YAALEH VeYOVVO" — "יַעלה וַיַבא"

On Chol HaMo'ed (the Intermediate Days of the Yommim Tovim of Pessach and Sukkos) and on Rosh Chodesh, the paragraph of "יֵיְעֵלֶה וְיִבֹּא" is inserted in the Shemoneh Esre in the Brochoh of דְּצָה . If one forgot to say it there—

- [a] But reminded oneself before the שֵׁם of ״בְּרוּךְ אַבְּה ה״ at the end of that Brochoh, one goes back to say יַּעֻלֶּה וְיָבֹא and then continues as usual to the end of the Shemoneh Esre.
- [b] If one had said "בְּרוּךְ אֵבְה ה" and at that point one reminded oneself, one adds the words "לַבְּבִינִי חוּקִינְי there, then repeats the paragraph of "וְתֵבווינָה עֵינִינוּ" and continues as usual to the end of the Shemoneh Esre.
- 51. This is because by adding the words "לְּמֶּדִינִי חוֹּקֶידְ" to the phrase "יַבְּרוּךְ אֵּרָה ," those three words become the first part of a proper Possuk (it is verse 12 in Chapter 119 of Tehillim) and the phrase "בְּרוּךְ אֵרָה הּ" is not then considered as the Brochoh's end. This then allows us to rectify the mistake there and then, because it is considered as if the Brochoh has not been ended, as it were. In fact, this device is the preferred solution to all such cases where a correction must be made before the Brochoh has been ended and where one has said the words "בְּרוּךְ אָתַה הּ" and at that point realized one's mistake.)
 - [c] If one reminded oneself after the Brochoh of רְצָה but before starting the next Brochoh of מוֹדִים, one says יַעֵּלֶה וְיָב' there and then continues with מוֹדִים and concludes the Shemoneh Esre as usual.
 - If one reminded oneself anywhere after that, but before יְהִיּוּ לְרָצוֹן, ובו׳, one finishes that phrase (without saying any further שֵׁם), goes back to the beginning of the Brochoh of רְצֵה and corrects the omission, finishing the Shemoneh Esre after that in the usual way.
 - [e] If one remembered only after having said 'יְנְיְלְּבְּצוֹן, ובּו' just before "עוֹשֶׁה שָׁלוֹם" (which signifies the end of Shemoneh Esre proper) one must recite the whole of the Shemoneh Esre again. This is so even if one reminded oneself only later in the day. However, if this occurred at Maariv of Rosh Chodesh, that is, one forgot יְעֵלֶה וְיָבֹא and remembered only after one had finished the Shemoneh Esre, then no correction is possible.

52. "AL HaNISSIM" — "עַל הַנָּסִים"

On Channukah and on Purim we insert על הַנְּפִּים in the Brochoh of מוֹדִים. If one forgot but reminded oneself before the שֵׁם of "הַבְּרוֹּךְ אָבֶה לְהוֹדוֹת", one goes back to say בְּרוֹּךְ אַהָּה י. הַטּוֹב שִׁקְּ וּלְךְּ נָאָה לְהוֹדוֹת. But if one reminded oneself only after the שֵׁם, one finishes the Shemoneh Esre and one is not allowed to correct oneself in the Shemoneh Esre proper. Instead, it should be added after אֶּ-לֹהַי, נְצוֹר לְשׁוֹנִי מֵּרְע, ובו׳, with the introductory phrase, "מוֹדִים אֲנַחָנוֹ לָךְ".